

BOWEN Therapy for your pet

Alternative therapies are well-known practices for you and your family and for POPPINS Pet-Sitters, pets are no exception.

Poppins Pet-Sitter and Bowen Therapist Jenny Travers-Jones says alternative pet therapies such as Bowen are becoming more well-known and practiced world-wide.

Ms Travers-Jones said Bowen Therapy can be used to treat illnesses and assist injury recovery, growth and degenerative disorders, abuse or disease and mental and emotional problems such as separation anxiety or fear.

“Besides people, I have worked with horses, dogs, cats and even ferrets for various problems from skin conditions and torn muscle tissue to behavioural issues such as anxiety and stress – and even fertility issues,” Jenny said.

Jenny said Bowen Therapy should not be used as a complete alternative to Veterinary Medical attention especially in severe cases, but can be used in conjunction for a speedy, well-adjusted recovery and pain management.

“I would not suggest, in any case should Bowen be used instead of professional Veterinary attention for major issues, but in many cases I have worked with the Vets to assist animals in recovery.”

“Bowen is currently used in Veterinary Clinics in the U.S and Canada,” she said.

Ms Travers-Jones said Bowen therapy is concentrated on connective tissue known as fascia which is connected to every bone, muscle and organ in the body.

“When an animal endures any injury or stress the fascia hardens and loses flexibility restricting the flow of fluids and reducing elasticity – and this is where Bowen can help relax the fascia to release tension felt in the muscles or other areas” Ms Travers-Jones said.

“One such case was for a horse with a torn periosteum in New South Wales. After working with the NSW horse Veterinarian she wrote ‘...*Judging on the extent of the injury and radiographic changes I believe Jenny’s therapy made a significant difference in the horses recovery and possibly decreased the pain he was in....*’”

Jenny said Poppins Pet-Sitters offer a range of alternative therapy services including Bowen Therapy and Reiki and are quickly becoming

popular remedies for pets.

For more information on Bowen Therapy contact Hannah or Jenny at POPPINS Pet-Sitters at info@poppinspetitters.com.au

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For more information, interview or photo opportunities please contact Hannah Reed on 0423 675 693 or email info@poppinspetitters.com.au